

MEET THE MENTORS

Andy Trickey, Overbury



Why do you think the BCO is important? Why did you join?

The BCO creates a positive community of likeminded industry professionals who are all interested in keeping up to date with the latest workplace trends by attending local project tours, seminars and networking events. This has been instrumental in helping me grow my network since moving back to the area after a few years away, allowing me to continuously grow and develop my knowledge of the fit out industry within the West Midlands.

What made you want to become a mentor?

As you progress through your career, it's very easy to forget how daunting and lonely the world of work can seem for a younger person who are in their formulative years of their own career, so rather than keeping these experiences to myself, I wanted to offer support and share the experiences and lessons learned wherever I could. Even if these experiences could help in a small way, it would be worthwhile.

What has been your biggest achievement as a mentor?

It's very early in terms of the stage of my mentoring programme. However, I'm looking forward to answering this with a number of positive responses in a few months' time. If I can share my own experiences to help someone else progress their career and develop their confidence, then this will be a fantastic achievement for me. I aim to be someone my mentee can trust and rely on.

What are you most proud of in your career?

There are many professional aspects I am proud of in my career. The many friends I've made across the globe over the years, ranging from clients to colleagues, is something I am very proud of, as these relationships have been built on trust.

What is the most useful piece of advice you've received during your career?

"Be yourself". I think it's important to stay true to yourself and your morals, while also being conscious of your personal strengths and weaknesses. Never be afraid to ask others if you don't have the answer.



To meet our other mentors or find out more about how to apply to the Mentoring Programme, visit the [BCO Website](#)